FRIDAY

299 Main St, Burlington, VT 05401 • 864-1791 From the Principal's Desk

I think everyone's probably heard the expression "random acts of kindness". It's those things we do that are small and make someone else's life a little bit nicer or easier. Sometimes though, it's simple courtesy. I know that there are times when I am in a rush and I have to slow myself down enough to make sure that courtesy isn't forgotten. This happens when there's a lot going on and I'm thinking about too many things simultaneously. I'll catch myself starting with my request rather than starting with "hello" or "good morning". When I catch myself doing that, I reset and start over, with a greeting and asking how the person is.

Most acts of kindness and courtesy take very little time and effort. Saying "Good Morning", thanking someone for holding the door that you just walked through, opening or holding a door open for someone else, picking up something that you didn't drop, waving thanks to the car that stopped for you in the crosswalk, slowing down or stopping to let a car get out of a driveway into traffic or waving thanks to the driver who let you get out of your drive or intersection are all simple things, but make this a nicer and more civil place. It makes the other person feel a bit better and it makes us feel a bit better too.

As parents, the best way to insure that our children learn to be kind and courteous is to model it and to teach it. If our children see us allowing someone to go ahead of us, whether in a line of traffic or going through a door, they will learn that there are more important things than being first. If they see us holding the door for someone else, they will be more likely to do it. I think the thing that I've noticed that's really missing, is simply saying "please" and "thank you". It's such a simple thing and yet it is missing from children's vocabulary.

Whether it's walking through a door being held for them, or being served a selection at lunch, I don't hear it from the vast majority of students, unless they are prompted. Teaching courtesy and kindness requires some effort in teaching, and checking ourselves for what we are modeling, but the impact leads to a kinder society and you teaching your children will result in them teaching theirs.



Date and Volume Number

FLASH

May 24, 2019 Up Coming Events:

May 27: Memorial Day – No School June 11: 5th Grade Tribute, 6:00 PM June 13: Last Day of School – 11:30 Dismissal

Whole School Assembly May 30, 2019 Fletcher Free Library/Red Clover Winners! Ms. Palmer's Class Leading

MARK YOUR CALENDAR!

FOR PARENTS FOR 5TH GRADERS!

EES 5TH GRADE NORTH BEACH PARTY - Monday, June 10, 10:15 to 1:15. We will order pizza but would like help with games, drinks and paper goods. We will be sending out a sign-up genie for each event soon.

EES 5TH GRADE CELEBRATION OF LEARNING Tuesday, June 11 at 6:00 - 7:30 pm

Kids should arrive by 5:45. Families welcome! Ceremony - EMS gym. Reception - EES gym

<u>PHOTOS</u>!

We are collecting photos of 5th Graders when they were kindergarten age. You only need to send in 1 photo. If you haven't already done so, please send in 1 photo as soon as possible. Please either give the photo to your teacher or email it to Pam Moreau at pmoreaulawvt@gmail.com. Thank you!

Friday Flash

PTO NEWS

PTO LEADERS: Jenny Sullivan, Pam Moreau & Stacey Kelleher PTO CONTACT: pto@eespto.org

A big THANK YOU to all of the volunteers who made May Fair so much fun. The weather was perfect, the games were fun and everyone had a blast!



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