FRIDAY





299 Main St, Burlington, VT 05401 • 864-1791 From the Principal's Desk

My home in the Northeast Kingdom was on a road that included a farm with horses and cows. There would always be a day when the warm breeze and fresh clean air would herald the arrival of spring and I would see the horses, and heifers (young cows), running and cavorting, kicking up their heels, nipping each other, playing in obvious delight. We enjoyed the antics of our spring lambs, springing from the ground to the backs of their mothers or twisting 180 degrees in the air as they leapt and jumped. One day every year, everyone in the village of Lyndon seemed to be outside, walking Stevens Loop. Children on their bikes, parents pushing strollers, those who took just one walk a year, were all out, enjoying the warmth and freshness in the air.

I have a friend who used to jokingly say, "How can I miss you if you won't go away". The fact that we have such a change from one season to the next allows us to enjoy that which every season brings. The wait for change can create a degree of impatience or annoyance as a season seems to last too long.

The same thing happens to classrooms of children. The children have been together with their classmates now for 7.5 months, and just as being tired of the cold of winter, there is a level of impatience exhibited in behaviors and we are seeing an increase in behaviors that are unkind or disrespectful to others by children - whether towards peers or adults. While we know this happens every year because we track behaviors. We are working to remind and reteach what responsibility, respect and safety, including emotional safety, look like. It's natural for there to be impatience for the start of spring vacation, and the start of summer vacation. We all need to help students maintain their ability to make good choices despite that impatience.

Date and Volume Number

April 12, 2019

Up Coming Events:

Apr. 12 - Skate Night 6-8 PM

Apr. 22 - 26 Spring Break

Whole School Assembly
May 2, 2019
Volunteer Appreciation!
Thank You For Being A Friend

SKATE NIGHT TONIGHT!

We hope we see many of you tonight at Leddy Ice Skating Rink. This is a great Edmunds Elementary tradition and lots of fun. Free Pizza and skate rentals for the whole family. Skating starts at 6 pm. If you can, bring a beverage, snack or dessert to share. See you tonight!



Friday Flash Page 2

PTO NEWS

PTO LEADERS: Jenny Sullivan, Pam Moreau & Stacey Kelleher PTO CONTACT: pto@eespto.org

Thank you to those who attended the PTO meeting this week.



PTO VOLUNTEER OPPORTUNITIES

Are you an accounting wiz? A graphic designer? An IT aficionado? We need you! contact Stacey Kelleher

at staceyhk1568@yahoo.com with questions.

SAVE THE DATE! MAY 17 IS MAYFAIR!

This is a great tradition for our school. It is a fundraising event with food and games. We will be needing help with picking up food, volunteering the day of for running games, collecting tickets, food table, grilling, etc. Please put the date on your calendar and contact Nicole Dehne — nicole@nofavt.org if you are able to volunteer in any capacity.

FROM THE COMMUNITY:

BSD COMMUNITY HEALTH & WELLNESS FAIR

Please join the District Equity and Access Leadership Team (DEALT) for a Community Health and Wellness Fair at BHS on Tuesday, April 16th from 5-8 pm. All are welcome! Nearly 50 health and wellness organizations in the greater Burlington area will be in attendance with information on health topics, community resources, games, activities, and prizes. Several brief presentations will be available for those who are interested in learning more about maintaining healthy lifestyles and supporting those of family, friends, and partners. A free community meal will be provided for all attendees with vegetarian and gluten-free options available. Please join us in partnership with our community health and wellness organizations in supporting a healthy community!

COMMUNITY HEALTH & WELLNESS FAIR

Tuesday, April 16, 2019
From 5 to 8 pm
At Burlington High School

FREE event open to all Burlington families

Come learn about the health and wellness supports available in the greater Burlington area!

50 community partners providing

Health Information Games, Activities,

& Prizes

Presentations on



Art, sleep, anxiety, substance use, school services, restorative practices & more!

FREE community meal provided by





Vegetarian and gluten-free options available
Visit www.bsdvt.org for more information