

FRIDAY



FLASH

EDMUNDS
ELEMENTARY SCHOOL

299 Main St, Burlington, VT 05401 • 864-1791

Date and Volume Number

From the Principal's Desk

May 25, 2018

Up Coming Events:

May 28 - No School - Memorial Day Observance

June 8 - Field Day

June 8 - End of 3rd Marking PeriodJune 13 - 5th Grade Tribute 6:00 PMJune 14 - Last Day of School ½ Day for Students
11:30 Dismissal

Whole School Assembly

May 31, 2018

Fletcher Free

EES Chorus

I know that many of you grew up in Vermont where, for most of your lives, ticks were not an issue. I grew up in Connecticut and spent a lot of time down at the shore. I knew people who lived on the shore where ticks were an occasional oddity. No big deal. I was in college in NH by the time Lyme disease was identified as a tick borne illness in 1977, but there weren't many ticks in the mountains of NH, so it didn't seem an issue. Even as my four children and our dogs played in the woods of the Northeast Kingdom, I never saw one tick on any of them. Since then, I've had friends who have been infected with Lyme Disease beginning around 2008. The fact that it was not common in Vermont actually delayed the diagnosis to the detriment of those who had it. Doctors were not really looking for it a decade ago - especially if the classic symptoms were not there.

I've taken more time to learn about the disease since our school nurses have gotten updates from the Department of Health concerning the illness. I was shocked at the spread of the ticks and the disease over time. Maps provided on the Department of Health website showed that I didn't have to worry as a mom in the Northeast Kingdom or most of Vermont as my children were growing up. That would not be the case for any part of the state of Vermont now. Ticks and the disease they carry are now found throughout the entire state. We have already had children coming into our nurse with several ticks on them this spring. As we enter the summer months, it is wise to know more about how to avoid ticks and what to do should you find that you or one of your family members has a tick. The infected ticks are usually in the nymph stage and very small; about the size of the tip of a pencil.

Avoidance is simple. Avoid high grass and bushy areas as much as possible. Wear long pants and long sleeves. Tuck pants into socks to keep ticks out. Wear light colored clothing in order to see ticks.

Use a Tick Repellent. The recommendations can be found on various websites. Treating your clothing and gear with a repellent is also recommended.

Look for ticks! When you come back inside, taking a bath or shower within two hours is recommended so you can really look for ticks. Remember, they're small so you really have to look. One could look like a speck of dirt. Teach your children what to look for. Pay special attention to armpits, head, and folds of skin.

Removing ticks with a fine tipped tweezer as soon as possible. It can take up to 36 hours for Lyme Disease bacteria to be transmitted so the earlier you remove the tick, the better. Wash your hands and the bitten areas with soap and water or rubbing alcohol.

(cont)

Lyme Disease can be very painful and debilitating if not treated. While one identifying symptom may be a red rash around a bite, it is not always present and many times, people don't know that they've been bitten. Other symptoms may be fatigue, chills, fever, joint pain and headache. Symptoms are often confused with other illnesses but there are tests for Lyme Disease to eliminate it as a possibility if some of the symptoms are present or you know you or your child has been bitten by a tick. Lyme Disease can be treated with antibiotics early on with good success.

We all love summer here in Vermont. Being proactive and preventing this illness from impacting your family is a great way to insure your enjoyment

EES SPELLING TEAM W-I-N-S

The Edmunds Spelling Team is once again the City of Burlington Spelling Bee Champions. The students met twice a week for three months to practice their spelling and to have fun as a team. Teams from all six city schools, along with many friends, family members and other supporters were present at the bee as it was held recently at the Miller Center. Members of the 2018 team are: Elizabeth, Meg, Dylan, Gretchen, Sophie, and Finley. Congratulations to all!



FIFTH GRADE END OF YEAR CELEBRATIONS!

Fifth graders will have a special field trip to North Beach on Tuesday **June 12th** and parents/guardians we need your help! We need chaperones to walk to and from the school to North Beach, help serve lunch, lead games, and supplement the pizza lunch with other goodies. Please see the sign up genius here for ways you can help! <https://www.signupgenius.com/go/30e0b4caaaf28a57-ees5th> Students will be at the beach from 10-1. Students will have a chance to swim if the weather is nice and a lifeguard will be there, so please have your fifth grader pack a bathing suit and towel if he/she would like to swim. Don't forget walking shoes as well.

--On **June 13th**, please join us for the fifth grade tribute starting at 6pm sharp. This year the ceremony will be held in the EMS gym. Teachers work hard to make this ceremony special for our fifth graders moving on to middle school and all family members are invited to attend. Please join us immediately after the ceremony in the EES cafeteria for a reception for the students. If you can contribute a food item for the reception, please sign up here: <https://www.signupgenius.com/go/30e0b4caaaf28a57-edmunds>

--In order to allow 5th grade families to enjoy the tribute, it is an EES tradition for 4th grade families to volunteer to staff this event. It's also a good way to get a preview of next year! If you can help with staffing, please contact Erica Donniss at erica.donniss@gmail.com.

PERSONAL SAFETY CLASSES

Dear Parents/Guardians: During the month of May, I have been teaching classes about personal safety. These lessons have been adapted from the research based programs, *Care For Kids* (K-2) and *We Care Elementary* (3-5). These experiential and interactive curricula focus on helping children build empathy, develop healthy communication skills, and understand boundaries. Additionally, *Care For Kids* teaches students the anatomically correct names for the private parts of their bodies (penis, vagina, buttocks), as this has been shown to increase communication skills and serve as a protective factor. If you have any questions or concerns related to this topic, or would like more information about how to support your child around this topic, please contact me, Melissa Hathaway, School Counselor 864-8473 x42010 mhathawa@bsdvt.org

CHORUS NEWS

The chorus will be performing at Discover Jazz on **Tuesday, June 5th** at about 1:00PM. We will be sharing the stage with Smith Elementary School. Chorus students should plan to **wear** their **chorus tee-shirts** to school that day. We will meet for bag lunch at 11:30 and leave EES at 12:15. Following the performance we will be getting ice cream at Ben and Jerry's. We will be back at EES in time for dismissal. [Permission slips](#) went home last Friday and are due Friday, June 1. *Please let Ms. Nolan you are available to chaperone this exciting trip!*

Music News

Thanks to a donation by an EES parent, on Thursday, May 17th professional composer Erik Nielsen came to EES to meet with some of our third and fourth grade students. Mr. Nielsen talked about the job of being a composer, shared how he does the work of writing music and gave tips on how to write a great melody. Thanks to partner organization Music -Comp and a generous EES parent for this amazing opportunity!!

The Recording Are Here!!

Below are recordings of music written by students at EES and performed for a live audience by professional musician at Music-comp Opus Concert at Elly Long Music Center in Colchester on April 30, 2018. Spectacular!

 [Zoe and Peach.mp3](#)

Zoe and Peach by Third Grader Kiki Kirkland

 [Galaxy.mp3](#)

Galaxy by fifth grader Sophia Ambroggio

 [Fall of the Apple Tree.mp3](#)

Fall of the Apple Tree by fifth grader Megan Goldsmith

 [Dancing on the Grass.mp3](#)

Dancing on the Grass by fifth grader Atara Metzger

Sound files also available at Music-comp.org. [Click Here](#)

PTO NEWS

PTO LEADERS: Leigh Fisher, Jenny Sullivan and Rachel Shelley **PTO CONTACT:** pto@eespto.org

FIELD DAY JUNE 8TH - (9:30-11 & 12-1:30)

Field Day is a fun, outdoor, teamwork building event that the kids love. We have several BHS students coming to help out as part of their YES program, but I would still like to have a handful of adults there as well. Please email katelekstutis@gmail.com if you are able to volunteer for the morning (K-2) or afternoon (3-5) session. Thank you!

MAYFAIR AUCTION THANK YOU!!

This was another successful year for the Mayfair silent Auction. A huge thank you to Stacey Kelleher and Brandi Littlefield for running it!! The Auction raised over \$2,800 for EES PTO funds that support school activities all year round. Thank to all those community members who donated goods and services and to those who were so generous and competitive with their bids!!

THANK YOU MAYFAIR VOLUNTEERS!!

It truly takes a very special village to put on such a fun and amazing community event like Mayfair. Special thanks goes to Nicole Dehne for taking over the leadership this year! And thanks to Leigh Fisher, Meloney Killpartrick, Lisa Beaupre, Chris Burns, Kari Hancock, Rachel Shelley, Bethany Fitzgerald, Kate Lekstutis, Nancy Westbrook, Wubba Murray, Jenny Sullivan, Melanie Needle, Heather Weeks, Lauren Pricer, Kim Brockway, and Maea Brandt. A special thanks to all the teachers and parents who generously gave their time to run a game, bake goodies, sell food and tickets, grill hot dogs, set up and clean up. You are what makes this school so great! Thank you!! This year's ticket sales generated over \$2,500 that is applied directly towards services for all EES students for field trips, school events such as Math Night and Skate Night and teacher wish list items. We also have very special community business donors to thank. Without their generosity, Mayfair would not be possible. Thank you Hannafords, Shaws, Price Choppers, Mckenzie Hot Dogs, Als French Frys, Costco and especially Timberlane Dental Group.

EES PLASTIC BOTTLE COLLECTION UNDERWAY

The Art room is collecting clear plastic bottles for a coming collaborative sculpture! We are grateful for the ones that have already been sent in to school. We are over half way to the goal of 300, with 170+ bottles already here. Clean, clear plastic bottles of all sizes are welcome- seltzer bottles, water bottles, and soda bottles are perfect. Collection areas are in the lobby and outside the art room. Thank you!

A KILN FOR EDMUNDS!

Joanna Elliott is raising money to purchase a new kiln for Edmunds campus. This kiln will be available for use by both the Elementary and Middle Schools, Kindergarten through 8th grade. The programmable unit will allow for firing the kiln outside of class time, creating a safe environment for our students. Clay is accessible, versatile, and works for every student of every ability level, and offers creative challenges unlike any other media. Please help us make the dream of a kiln a reality for Edmunds students.

[Click here to support A Kiln For Edmunds! organized by Joanna Elliott](#)